

Purpose: To stop the car quickly, safely and under full control in as short a distance as possible.

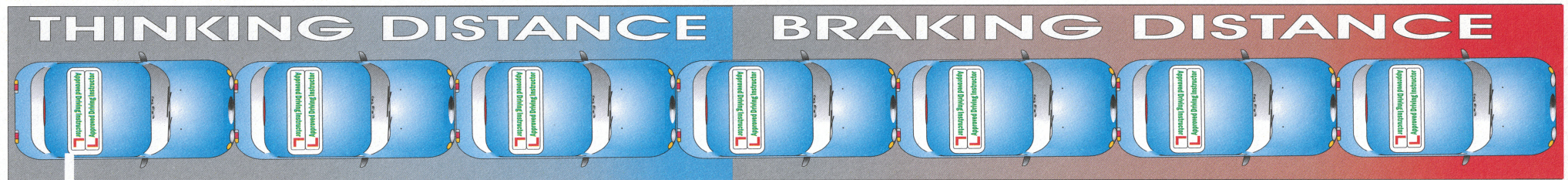
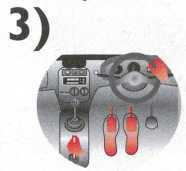
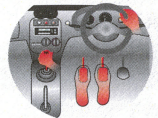
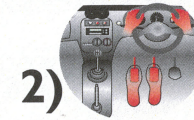
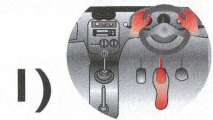
Key points:

Quick reaction: As this is an 'emergency' simulation a quick and immediate reaction is needed.

Control: Firm, progressive braking prevents the wheels from locking and a firm grip on the steering wheel with both hands keeps the car straight.

Observations: This is the one occasion when a mirror check is not required before stopping, however, you must do **all-round** observations before moving off.

STOP!



At 30mph the stopping distance is 23 metres (75feet) or 6 car lengths.



When braking the weight of the car is thrown forwards.

Performing the Emergency Stop

- 1) Once you have been given the instruction to 'STOP', grip the steering wheel firmly and quickly apply the brakes increasing pressure as the car begins to slow to a halt.
- 2a) **In a vehicle with ABS** it is often advised to depress the clutch at the same time as braking. (Check the manufacturer's guide).
- 2b) **In a vehicle without ABS** depress the clutch just before the car stops.
- 3) Once the car has stopped apply the handbrake and select neutral.
- 4) When given the instruction to drive on, prepare the car and check all around (360°, including left & right blindspots) before moving off. When it is safe to do so, drive on.

With compliments from

Wayne Kriehn

www.learntodrive.uk.com

07961 312899 or 01428 654059
ADI Number 372505